

Nov. 25, 2025 – Dec. 10, 2025 (16 days of activism against violence)

1. **Nov. 25th: International Day for the Elimination of Violence against Women (ZI)**

International; UN

- <https://www.daysoftheyear.com/days/international-day-for-the-elimination-of-violence-against-women/>



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Day 1. Nov. 25th: International Day for the Elimination of Violence against Women (ZI) International; UN

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Tue Nov 25th, 2025

International Day for the Elimination of Violence Against Women

Violence against women is a problem that has been accepted and condoned all throughout human history. The notion that women were property that could be owned by a man during Ancient Roman times and even 18th century English laws that allowed a man to “discipline” his wife and children with a stick or whip are both examples of the tragedy of the ways women have been oppressed.

It has been a fight for many centuries for women to be able to function in western society with equal rights in their homes and in the workplace, without being subjected to violent acts from men.

The 18th and 19th centuries were important times for the advancement of women’s rights. By 1920, the United States had made it illegal for a man to physically abuse his wife, but it wasn’t until the 1970s that society began to truly give attention to the problem. The 1994 Violence Against Women Act, signed by President Bill Clinton, was passed in the US to provide services and care for women who were victims, as well as funding for prosecution of perpetrators of domestic violence.

While many strides have been made in recent decades, it is important to remember that violence against women is prevalent all around the world. And in some countries where women have few rights, violence against them is still legal or often culturally condoned.

The International Day for the Elimination of the Violence Against Women was established with the purpose of raising awareness about the fact that women locally and around the world are subject to violence including domestic abuse, rape, stalking and more. The hope is that this day will bring the problem of violence against women to the forefront of people's minds and continue to offer awareness, prevention, assistance and solutions all throughout the year.

<https://www.daysoftheyear.com/.../international-day-for.../>

2. Nov. 26: End Economic Abuse Awareness Day; National; Canadian Center for Women's Empowerment (CCFWE)

- <https://ccfwe.org/help-us-rise-2025/>



Day 2. Nov. 26: End Economic Abuse Awareness Day; National;
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Find Help Across Canada

CANADIAN CENTER FOR WOMEN'S EMPOWERMENT

If you are in immediate DANGER or fear for your safety, please CALL 911.

Resources for Women Experiencing Domestic Violence

If you, or someone in your life, is experiencing abuse of any kind, below are resources that can help.

<https://ccfwe.org/find-help-across-canada/>

What is Economic Abuse?

96% of domestic violence victims experience Economic Abuse and it prevents them from moving forward. Ending Economic Abuse is a crucial component of the National Action Plan to end Gender based Violence. It can have a devastating effect on women, directly impacting their mental health, physical safety, independence, financial well-being, and ability to leave an abuser. Without access to money, many women are unable to plan

or even imagine leaving an abusive relationship. Economic Abuse often continues after separation, with abusers leveraging financial support systems, such as spousal and child support orders, to maintain control. This leaves women with unstable housing and an inability to meet basic needs. Today's rising inflation and cost of living, coupled with the shortage of affordable housing exacerbates these issues.

Women who experience Economic Abuse alongside high levels of coercive control are at increased risk of being killed.

Women who experience Economic Abuse are 5x more likely to experience physical violence than those who don't. Websdale, 1999

<https://ccfwe.org/what-is-economic-abuse/>

1. For Victims

Help Is Here – Economic Abuse Fact Sheet for Victims and Survivors

Economic Abuse is a devastating form of domestic violence that often goes unrecognized. Our “Help Is Here” fact sheet aims to provide crucial information, resources, and guidance to individuals who have experienced economic abuse.

This resource empowers survivors with the knowledge to recognize economic abuse, seek assistance, and regain financial independence. By recognizing the signs, seeking help, and taking proactive steps toward financial autonomy, survivors can break free from the cycle of abuse and pave the way for a brighter future. Remember, you are not alone, and help is always available.

<https://ccfwe.org/fact-sheets-and-posters/>

<https://ccfwe.org/help-us-rise-2025/>

3. Nov. 27th National Day of Mourning

- **Let's not forget the sacrifices of the Native ancestors who paved the way for their traditions and heritage to thrive**

1. <https://www.daysoftheyear.com/days/day-of-mourning/>



Day 3. Nov. 27th National Day of Mourning

- **Let's not forget the sacrifices of the Native ancestors who paved the way for their traditions and heritage to thrive**

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NATIONAL DAY OF MOURNING

Each year on the fourth Thursday in November recognizes the National Day of Mourning. The observance is an opportunity to reflect on Native American heritage and the role Thanksgiving played in the lives of their ancestors.

<https://www.daysoftheyear.com/days/day-of-mourning/>

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4. Nov. 28th Buy Nothing Day is a day of protest against consumerism

- November 28: International Buy Nothing Day
 1. <https://www.awarenessdays.com/awareness-days-calendar/buy-nothing-day/>
 2. <https://www.daysoftheyear.com/days/buy-nothing-day/>
 1. Give yourself a day to experience the simple joys of life, and discover the thrill of finding new adventures without spending a penny.



Day 4. Nov. 28th Buy Nothing Day is a day of protest against consumerism

- November 28: International Buy Nothing Day

Give yourself a day to experience the simple joys of life, and discover the thrill of finding new adventures without spending a penny.

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<https://www.awarenessdays.com/awareness.../buy-nothing-day/>

<https://www.daysoftheyear.com/days/buy-nothing-day/>

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5. November 29 [International Day of Solidarity with the Palestinian People,](#) International; UN

- <https://www.daysoftheyear.com/days/isdal-woman-day/>



6. Nov. 30th: Day of Remembrance for all Victims of Chemical Warfare (OPCW C-20/DEC.10)

- <https://www.daysoftheyear.com/days/day-of-remembrance-for-all-victims-of-chemical-warfare/>
- November 30: Stomach Cancer Awareness Day; Stomach Cancer Foundation of Canada
 1. <https://www.daysoftheyear.com/days/stomach-cancer-awareness-day/>



7. Dec. 1st: World AIDS Day; International; Canadian Foundation for AIDS Research

- <https://www.daysoftheyear.com/days/world-aids-day/>
 1. **Cyber Monday** <https://www.daysoftheyear.com/days/cyber-monday/>
 2. **National women support women day**
<https://www.daysoftheyear.com/days/national-women-support-women-day/>



8. Dec. 2nd: *International Day for the Abolition of Slavery*; International; UN #GivingTuesday

- <https://www.daysoftheyear.com/days/international-day-for-the-abolition-of-slavery/>
- <https://www.daysoftheyear.com/days/world-pollution-prevention-day/>



9. Dec. 3rd: *United Nations International Day of Disabled Persons*; International; UN

- <https://diversity-inclusion-speakers.com/news/general-news/how-to-celebrate-international-day-of-disabled-persons/>



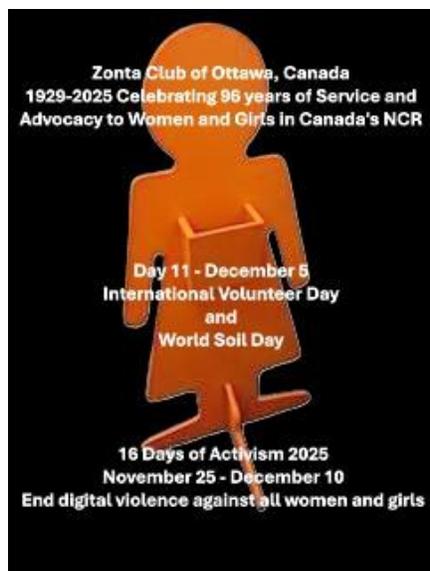
10. Dec. 4th: Wildlife Conservation Day

- <https://nationaltoday.com/world-wildlife-conservation-day/>



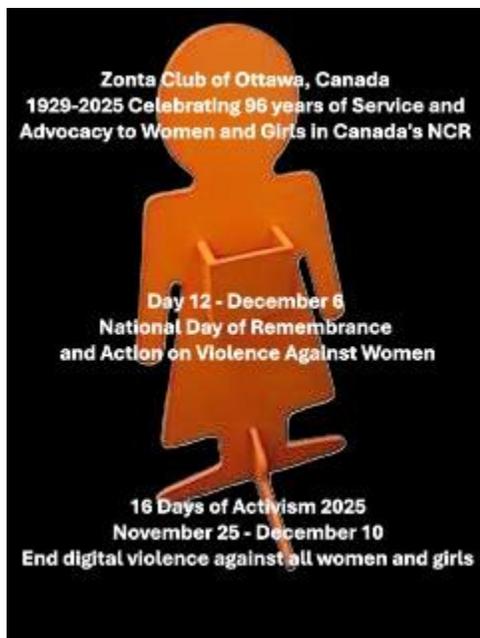
11. Dec. 5th: International Volunteer Day; International; UN

- <https://volunteer.ca/international-volunteer-day/>
- <https://www.un.org/en/observances/volunteer-day>
- Dec. 5th: World Soil Day <> importance of healthy soil and to advocate for the sustainable management of soil resources.
- <https://www.un.org/en/observances/world-soil-day>



**12. Dec. 6th: National Day of Remembrance and Action on Violence Against Women;
National; Women and Gender Equality Canada**

1. <https://www.canada.ca/en/women-gender-equality/commemorations-celebrations/16-days/national-day-remembrance.html>



13. Dec. 7th

1. <https://www.daysoftheyear.com/days/national-letter-writing-day/>



14. Dec. 8th

1. <https://www.daysoftheyear.com/days/take-it-in-the-ear-day/>



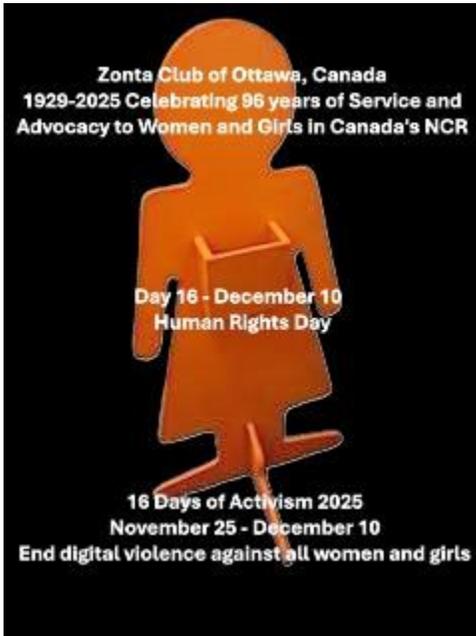
15. Dec. 9th International Day of Commemoration & Dignity of the Victims of the Crime of Genocide & of the Prevention of this Crime (A/RES/69/323)

1. <https://www.un.org/en/observances/genocide-prevention-day>



16. Dec. 10th: Human Rights Day; International; (ZI & International; UN) (16 days of activism against violence/ Ends)

1. <https://sdq.iisd.org/events/human-rights-day-2025/>
2. <https://nationaltoday.com/human-rights-day/>



Summary

This document lists important dates and corresponding resources for early December, with a focus on international observances. It highlights 16 days of activism against violence, the International Day of Commemoration and Dignity of the Victims of the Crime of Genocide (9 December), and Human Rights Day (10 December). Each date is accompanied by relevant links for further information and context, providing a structured overview of key global events during this period.